

## CURRICULUM VITAE



### Executive Summary

Haslinda Abdullah is currently a Professor of Applied Psychology at the Department of Social and Development Sciences, Faculty of Human Ecology, University Putra Malaysia. She began her academic world at Mara Institute of Technology, Shah Alam Selangor, taking Diploma in Sciences. She then pursues her studies at the International Islamic University, taking Psychology as her main focus (minor in revealed knowledge). Her academic path moved one step forward when she took M.A in Developmental Psychology at National University of Malaysia and finally received her PhD from Institute of Work Health and Organizations, University of Nottingham, United Kingdom, specializing in Applied Psychology. Since May 2000, she has taught various subjects and key areas of Psychology, including Social Psychology, Theories in Social Psychology, Community Psychology, and Psychology of Work.

She actively participates as speaker as well as paper presenter in various National and international seminars, conferences, and intellectual discourses. She has presented papers in the United States, Copenhagen, Denmark, United Kingdom, Portugal, Turkey, Korea, Thailand, and Philippines. She has also moderated several sessions of discussion in international conferences.

Her book with Associate Professor Dr Ma'rof Redzuan on Psychology is one of her major contributions in her area and is now on its third edition. The book has been widely used in

other academic institutions since it is in Bahasa Melayu. Her interests include Islam and Psychology which she, together with Professor Dr. Zaid Ahmad is now exploring and try to promote the idea of Psycho spiritual in transforming the behavior of human being. Her writings on this issue can be seen in conferences as well as chapters in books. Issues such as climate and altitude in determining human behavior also has become her interest lately and can be seen in a paper presented at University of Malaya entitled *Pengaruh Iklim Terhadap Sifat Manusia: Suatu Catatan dari Muqaddimah Ibn Khaldun dalam Ibn Khaldun: Pemikiran Ibn Khaldun & Relevansinya Dalam Tamadun Kontemporari*.

Currently her works are more focused on youth and development. Her credentials and knowledge on the Malaysian youth is reflected in her role as a member of the think tank for the Institute for Youth Research Malaysia (IYRES), a statutory body acting as the National youth development research center under Ministry of Youth and Sports. Moreover, her position as an expert committee member on revising the current Malaysian Youth Act, and as the appointee of the Majlis Professor Negara pertaining to youth allows her voice to have a direct say in shaping a new Malaysia. Her research in this area is extensive and her recent partnership, which focuses on sexual and reproductive health, was with the Bronfenbrenner Center for Translational Research, Cornell University, as a visiting scholar in 2017.

With her broad experience regarding research on youth, Permata Negara has invited her to speak on the topic of Youth entitled 'Youth: Failure is not an option'. She was also an invited speaker for 'Projek Amanat Negara XVI 2019', by United Kingdom and Eire Council for Malaysian Students (UKEC) to talk on the future of Malaysian children. Under a Muslim women NGO (MPWIM), she was appointed to lead a panel of experts to select future youth leaders. Outside of the academic field, she is the president of Family Empowerment Society (FAME), an NGO that strives to tackle societal issues (regarding family) head-on.

She has actively developed training modules for several agencies, such as the Department of National Unity, the Institute of Social Malaysia (ISM) and the Malaysian Prison Department. She is also a trainer for the Malaysian Technical Cooperation Program (MTCP), in which she trained a group of prison officers from a Commonwealth country on youth. Her contribution was acknowledged by the Malaysian Prison Department when she was given Pingat Bakti Setia in 2015.

### **Mission Statement**

To pursue academic excellence in my field of expertise and to obtain national and international academic recognition through teaching, supervision, research, publication, discourses, and consultation. In accomplishing this mission, I have been actively involved in various kinds of activities, which include writing in newspapers, magazines, live sessions on TV discussing my area of interests and many more. As a social scientist, I believe it would not be complete if I do not contribute back to society, hence I am also actively involved in NGO to understand them better as well as to provide intervention where necessary.

### **Field of Expertise**

My field of expertise is Applied Psychology. This area explores the complexity of human being in various settings and how environmental factors contribute to human behavior. In understanding human psychology and development, I view both factors (external and internal) as well as human potential in holistic manner. I believe in practicing what I have learned; hence the knowledge that I have, I translate it into action while doing my NGO works. Most of the interventions my team and I did is based on data-based interventions.

I also lead a number of research including RUGS and FRGS, focusing on women at work issues such as smoking and eating habits. Apart from that I actively participated in contract research on road safety education under Road Safety Research Centre, Faculty of Engineering, and University Putra Malaysia. My latest study which I lead was entitled **Climate Anxiety among youth in disaster area** sponsored by Special Grant UPM.. I am currently appointed as the Director of the Institute for Social Science Studies (IPSAS)

| <b>A. BUTIR-BUTIR PERIBADI (Personal Details)</b>  |                                                     |                                       |                                                  |
|----------------------------------------------------|-----------------------------------------------------|---------------------------------------|--------------------------------------------------|
| Nama Penuh (Full Name)                             | <b>Haslinda Abdullah</b>                            |                                       | Bangsa (Race)<br><b>Malay</b>                    |
| No. MyKad / No. Pasport (Mykad No. / Passport No.) | Tarikh Lahir (Date of Birth)<br><br><b>7/1/1972</b> | Jantina (Gender)<br><br><b>Female</b> | Warganegara (Citizenship)<br><br><b>Malaysia</b> |

|                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                               |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Alamat Semasa (Current Address) | Jabatan/Fakulti (Department/Faculty)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | E-mel dan URL (E-mail Address and URL)                                                        |
| Tel:                            | <p><b>Department of Social &amp; Development Sciences,<br/>Faculty of Human Ecology<br/>University Putra Malaysia,<br/>43400 Serdang, Selangor, Malaysia</b></p> <p>Tel: <b>03- 89467053</b><br/>Fax: <b>03-89467879</b></p> <p style="text-align: center;"><b>OR</b></p> <p><b>Institute for Social Science Studies (IPSAS)<br/>Putra Infoport, Universiti Putra Malaysia<br/>43400 UPM Serdang<br/>Selangor Darul Ehsan<br/>MALAYSIA</b></p> <p>Pejabat : +603 89471851 (IPSAS) /<br/>+603 89467876 (Faculty)<br/>Handphone : 019-3762293<br/>Emel : <a href="mailto:lynn@upm.edu.my">lynn@upm.edu.my</a></p> | <p>E-mail:<br/><br/><b>lynn@upm.edu.my</b></p> <p>URL:</p> <p>H/P:<br/><b>019-3762293</b></p> |

| <b>B. KELAYAKAN AKADEMIK (Academic Qualification)</b>         |                                                                               |                       |                                              |
|---------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------|----------------------------------------------|
| Nama Sijil / Kelayakan (Certificate / Qualification obtained) | Nama Sekolah Institusi (Name of School / Institution)                         | Tahun (Year obtained) | Bidang pengkhususan (Area of Specialization) |
| <b>PhD</b>                                                    | <b>Institute of Work, Health &amp; Organisations University of Nottingham</b> | <b>2005</b>           | <b>Applied Psychology</b>                    |
| <b>M.Art</b>                                                  | <b>National University Malaysia</b>                                           | <b>1999</b>           | <b>Developmental Psychology</b>              |
| <b>B.Human Sc. (Hons) Psychology</b>                          | <b>International Islamic University, Malaysia.</b>                            | <b>1997</b>           | <b>Psychology</b>                            |
| <b>Diploma in Science</b>                                     | <b>MARA Institute of Technology</b>                                           | <b>1993</b>           | <b>Sciences</b>                              |

| C. Administrative Duties and Other Relevant Appointments |                                        |                                                                                                                                  |              |                 |
|----------------------------------------------------------|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|
|                                                          | Position                               | Department/ Faculty/ Other Institution                                                                                           | Year         | Duration        |
|                                                          | Director                               | Institute for Social Science Studies (IPSAS)                                                                                     | JULY 2022    | On going        |
|                                                          | Deputy Director                        | Institute for Social Science Studies (IPSAS)                                                                                     | 2022         | June 2022       |
|                                                          | Deputy Dean                            | Human Ecology                                                                                                                    | 2015         | 2021            |
|                                                          | Deputy Director                        | Institute for Social Science Studies (IPSAS)                                                                                     | 2013         | 2015            |
|                                                          | Head                                   | Youth Health and Welfare Laboratory, IPSAS-UPM                                                                                   | 2009         | 2013            |
|                                                          | Member of the Council                  | Majlis Perundingan Koperasi Kebangsaan                                                                                           | 2025         | 2027            |
|                                                          | Ahli JK Pemilihan & Perkhidmatan YADIM | Yayasan Dakwah Islam Malaysia                                                                                                    | 2025         | 2027            |
|                                                          | Member                                 | Institut Kemahiran Islam Malaysia (IKIM)                                                                                         | 2024         | 2026            |
|                                                          | Panel of Ethics                        | IYRES                                                                                                                            | 2022-now     | On going        |
|                                                          | Think Tank                             | IYRES                                                                                                                            | 2010-2020    | 2020            |
|                                                          | Consultant                             | IDE                                                                                                                              | 2018         | On going        |
|                                                          | Member of Visiting Board               | Pusat Perubatan Universiti Malaya, Jabatan Perubatan Psikologi, UM                                                               | 2018         | 2020            |
|                                                          | Associate Fellow                       | International Association of Islamic Psychology                                                                                  | 2019         | 2021            |
|                                                          | International Adjunct Professor        | UIN Syarif Hidayatullah Jakarta, Indonesia                                                                                       | Oct 2024     | Oct 2025        |
|                                                          | Member                                 | Malaysian Social Impact Assessment                                                                                               | 2023-now     | On going        |
|                                                          | Member                                 | Plan Malaysia                                                                                                                    | 2024         | 2025            |
|                                                          | Member                                 | Association for Psychological Science                                                                                            | 2015         | now             |
|                                                          | Member                                 | Malaysian Consumer Association                                                                                                   | 2017         | Life membership |
|                                                          | Member                                 | Kluster Pembinaan Bangsa dan Jaringan Antarabangsa                                                                               | 2019         | On going        |
|                                                          | MQA External Evaluator                 | UMAM (PhD in Social Science)                                                                                                     | 2021         | On going        |
|                                                          | Keynote Speaker                        | Understanding Psychology in the Malaysian Context: Culture, Religion and Mental Health                                           | 23 Oct 2025  | 23 Oct 2025     |
|                                                          | Keynote Speaker                        | Seminar Isu-isu Komuniti Serantau tahun 2024                                                                                     | 11 Sept 2025 | 14 Sept 2025    |
|                                                          | Keynote Speaker                        | Seminar Isu-isu Komuniti Serantau tahun 2025 (Eco Anxiety and Mental Health)                                                     | 1Sept 2025   | 5 Sept 2025     |
|                                                          | Keynote Speaker                        | Seminar on Social Psychology in the Framework of Social Welfare, Universitas Islam Negeri Syarif Hidayatullah Jakarta, Indonesia | 25 Nov 2024  | 25 Nov 2024     |
|                                                          | Speaker                                | Kursus Sukarelawan Anak Malaysia (SATRIA), Kementerian Belia dan Sukan Malaysia                                                  | 2023         | On going        |
|                                                          | Research Consultant                    | Kajian Pelan Tindakan Ekonomi Kreatif Negeri Selangor Fasa 1 & 2                                                                 | Mac 2025     | Ogos 2025       |
|                                                          | Member of the Consultative Council     | Koperasi Kebangsaan (MPKK)                                                                                                       | 03/01/2025   | 02/01/2027      |
|                                                          | Auditor / Assessment Panel             | Malaysia Research Assessment (Myra)                                                                                              | 01/02/2025   | 31/12/2025      |
|                                                          | Consultant                             | Projek Pembangunan Model Analitik Kemahiran Dan Kesejahteraan Mental Belia                                                       | 09/01/2023   | 31/03/2024      |
|                                                          | Special Project Team                   | Special Project Team Bagi Pembangunan Dasar Sosial Negara (DSN) 2023 Dan Pelan Tindakan DSN                                      | 08/05/2023   | 07/05/2025      |
|                                                          | MQA External Evaluator                 | UIAM                                                                                                                             | 2018         | 2018            |
|                                                          | MQA External Evaluator                 | UNISEL                                                                                                                           | 2016         | On going        |

|  |                         |                                       |           |          |
|--|-------------------------|---------------------------------------|-----------|----------|
|  | Expert Panel            | Koperasi Malaysia                     | 2017-2019 | 1 year   |
|  | Moderator               | SEGI                                  | 2013      | 2016     |
|  | Expert Panel            | IYRES-KBS                             | 2012      | On-going |
|  | Expert Panel            | CYPRESS DIVERSIFIED S/B               | 2012      | 2014     |
|  | Expert Panel            | MOSTI                                 | 2011      | 2017     |
|  | Expert Panel            | Jabatan Penjara Malaysia              | 2011      | On-going |
|  | Psychometric Consultant | MIMOS                                 | 2010      | 2014     |
|  | Expert Panel            | ErgoWorks Sdn Bhd                     | 2009-2010 | 2 Years  |
|  | Expert Panel            | SECRETLAB.MEDIA                       | 2009-2010 | 2 Years  |
|  | Expert Panel            | Kolej Gemilang                        | 2009      | 1 Years  |
|  | Expert Panel            | PLKN (now JLKN)                       | 2008      | 2015     |
|  | Expert Panel Psychology | Kolej Dar Al-Hikmah, Kajang. Selangor | 2007-2010 | 3 Years  |
|  | Penyelidik Bersekutu    | Institut Interim Sains Sosial         | 2007-2008 | 1 year   |
|  | Psychometric Consultant | Lembaga Peperiksaan Malaysia          | 2007      | 2015     |
|  | Consultant              | Malaysian Youth Index 2010-now        | 2010      | now      |
|  | Consultant              | Sabah Youth Index 2016                | 2015      | 2016     |
|  | Consultant              | Johore Youth Index 2017               | 2016      | 2017     |
|  | Consultant              | Sarawak Youth Index 2018              | 2018      | 2019     |

| <b>C. Research Activities</b> |                                                                                                                                                         |                                   |                                         |                      |                                     |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------|----------------------|-------------------------------------|
| <b>No</b>                     | <b>Title</b>                                                                                                                                            | <b>Role (Main/ Co-Researcher)</b> | <b>Sponsor/ Grant &amp; Amount (RM)</b> | <b>Period (Year)</b> | <b>Status (Completed/ On-Going)</b> |
| <b>1</b>                      | Indeks Gerakan Koperasi Malaysia                                                                                                                        | <b>Co-researcher</b>              | <b>RM110,00,000</b>                     | <b>1 tahun</b>       | <b>On going</b>                     |
| <b>2</b>                      | Modul pemulihan kesan gangguan orang ketiga                                                                                                             | <b>Co-researcher</b>              | <b>RM40,000</b>                         | <b>6 Bulan</b>       | <b>On going</b>                     |
| <b>3</b>                      | Pelan Pembangunan Ekonomi Kreatif, Selangor (Kualitatif)                                                                                                | <b>Leader</b>                     | <b>RM28,000</b>                         | <b>8 Bulan</b>       | <b>Completed</b>                    |
| <b>4</b>                      | Persepsi Belia terhadap Buku terbitan DBP                                                                                                               | <b>Co-researcher</b>              | <b>RM50,000</b>                         | <b>6 Bulan</b>       | <b>Completed</b>                    |
| <b>5</b>                      | Indeks Gerakan Koperasi Malaysia                                                                                                                        | <b>Leader</b>                     | <b>SKM 171, 450</b>                     | <b>1 tahun</b>       | <b>Completed</b>                    |
| <b>6</b>                      | Measurement of Anxiety Level among youth in disaster affected areas                                                                                     | <b>Leader</b>                     | <b>PUTRA 100,000</b>                    | <b>2 Tahun</b>       | <b>On going</b>                     |
| <b>7</b>                      | Enhancing Clean Sport Behavior at School: Evaluation of the effectiveness of a positive education intervention program in Malaysian Adolescent Athletes | <b>Leader</b>                     | <b>WADA: RM90,000</b>                   | <b>2 tahun</b>       | <b>Completed</b>                    |
|                               | Residence Pass-Talent Retiree                                                                                                                           | <b>Co Researcher</b>              | <b>Talent Corp: RM 50,000</b>           | <b>8 Bulan</b>       | <b>Completed</b>                    |
| <b>8</b>                      | Kajian Lanjutan Indeks Kesejahteraan Anggota Koperasi                                                                                                   | <b>Leader</b>                     | <b>SKM 86,200</b>                       | <b>6 Bulan</b>       | <b>Completed</b>                    |
| <b>9</b>                      | Kajian Warga Asing                                                                                                                                      | Co researcher                     | Kerajaan; EPU<br>RM 500.000             | 1 tahun              | Completed                           |
| <b>10</b>                     | Pembentukan Dasar Anak Muda Pahang                                                                                                                      | Co researcher                     | Kerajaan<br>Pahang/250,000              | 6 Bulan              | Completed                           |
| <b>11</b>                     | Pelan Pembangunan Belia Selangor                                                                                                                        | Co researcher                     | Kerajaan<br>Selangor/90,000             | 4 Bulan              | Completed                           |

|    |                                                                                                                                                                                                         |                       |                                                                      |                        |                  |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------------------------------------------------|------------------------|------------------|
| 12 | Pembentukan Dasar Belia Selangor                                                                                                                                                                        | Co researcher         | Kerajaan Selangor/<br>90,000                                         | 4 Bulan                | Completed        |
| 13 | Indeks Hidup Damai Bersama,<br>Kualitatif                                                                                                                                                               | <b>Leader</b>         | <b>IDE, FNS<br/>RM50,000</b>                                         | <b>2 month</b>         | Completed        |
| 14 | We Care for your Youth                                                                                                                                                                                  | Co researcher         | KBS/1.2Million                                                       | 3 month                | Completed        |
| 15 |                                                                                                                                                                                                         |                       |                                                                      |                        |                  |
| 16 | Peaceful Coexistence among<br>Malaysians of Different Religious and<br>Ethnic Backgrounds                                                                                                               | <b>Leader</b>         | Westminster<br>Foundation for<br>Democracy/IDE<br><b>RM41,000.00</b> | 2 month                | <b>Completed</b> |
| 17 | Comparative benchmarking of<br>supervision practice of youth Work in<br>Malaysia, United Kingdom, and Malta<br>collaboration Study with YMCA<br>George Williams College, UK and<br>University of Malta. | Co researcher         | RM98,000.00                                                          | 2 years                | Completed        |
| 18 | Impacts of Companies' Investment<br>Expenditures and Income<br>Diversification Strategies on B40<br>Employability and Business Ventures<br>Opportunities                                                | Co researcher         | FRGS/1/2018/SS01<br>/UPM/02/10<br><br>RM68,000                       | 2 Years                | Completed        |
| 19 | Kajian keberkesanan peranan<br>PeBT dalam pembangunan belia<br>Selangor (The study of the<br>effectiveness of the role of PeBT in the<br>development of Selangor's youth)                               | <b>Project Leader</b> | Institut Darul Ehsan<br><b>RM98,000</b>                              | <b>3 month</b>         | <b>Completed</b> |
| 20 | Penilaian Masyarakat terhadap<br>dasar transformasi negara: Satu<br>kajian awal untuk penilaian<br>pelaksanaan dasar                                                                                    | Co researcher         | RUGS<br><b>RM38,700.00</b>                                           | 2 years                | <b>Completed</b> |
| 21 | Islam sebagai agama persekutuan:<br>Pandangan masyarakat pelbagai<br>etnik di Malaysia (Islam as federal<br>religion: The views of the various<br>ethnic groups in Malaysia)                            | Co researcher         | IKSIM<br><b>RM70,000.00</b>                                          | 6 month                | <b>Completed</b> |
| 22 | Kajian Impak Program Penjara                                                                                                                                                                            | <b>Project Leader</b> | KDN<br><b>RM 921,000.00</b>                                          | 6 Month<br>(2016)      | <b>Completed</b> |
| 23 | Developing and Validating a<br>Psychometric Instrument to assess the<br>impact of Social Entrepreneurship on<br>Individual and Community Well Being                                                     | <b>Project Leader</b> | <b>RM 59,731.00</b>                                                  | 2 Years<br>(2016-2018) | <b>Completed</b> |
| 24 | Kajian Pembangunan Kesejahteraan -<br>Aset Belia Malaysia (Study on the<br>development of Malaysian Youth<br>Assets)                                                                                    | <b>Project Leader</b> | IYRES<br><b>RM165,000.00</b>                                         | 6 Month<br>(2015)      | <b>Completed</b> |
| 25 | Landscape of Social Issues in<br>Malaysia                                                                                                                                                               | <b>Project Leader</b> | <b>AIM 49,995</b>                                                    | 3 Month<br>(2014)      | <b>Completed</b> |
| 26 | Kesejahteraan dan kualiti hidup warga<br>polis, Malaysia (The well-being and<br>quality of life of the police, Malaysia)                                                                                | Co researcher         | Yayasan<br>Pengaman<br>Malaysia<br><b>RM 80,00.00</b>                | 6 Month<br>(2015)      | Completed        |
| 27 | Youth Maturity Model                                                                                                                                                                                    | <b>Project Leader</b> | <b>MDeC 165,400</b>                                                  | 4 Month<br>(2013)      | <b>Completed</b> |
| 28 | Conceptualizing Youth Connectedness<br>in Malaysian Youth and Community                                                                                                                                 | <b>Project Leader</b> | <b>FRGS</b><br>UPM/IPSAS/700-<br>2/1/FRGS/05-02-14-                  | 2 Years                | <b>Completed</b> |

|           |                                                                                                                                                                                                              |                       |                                                                                 |         |                  |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|---------------------------------------------------------------------------------|---------|------------------|
|           | Organizations: Model and Instrument Development                                                                                                                                                              |                       | 1595FR<br><b>RM80,300.00</b>                                                    |         |                  |
| <b>29</b> | Kajian Indeks Kesejahteraan Komuniti Serendah (erendah Community Wellness Index Study)                                                                                                                       | Co researcher         | YBK<br>RM 60,00.00                                                              | 6 month | Completed        |
| <b>30</b> | Kajian Keberkesanan Program Baucer Buku 1Malaysia (Effectiveness Study on 1Malaysia Book Voucher Program)                                                                                                    | Co researcher         | UPM/IPSAS/700-3/1/GERAN LUAR/BB1M<br><b>RM50,00.00</b>                          | 6 Month | Completed        |
| <b>30</b> | Migration and Well-being: A Phenomenological Study among Young International Students in Malaysia                                                                                                            | Co researcher         | FRGS/2/2014/SS03 /UPM/01/1<br><b>RM73,980.00</b>                                | 2 Years | Completed        |
| <b>31</b> | Penilaian Pusat Bantuan Khidmat Sosial (PBKS)                                                                                                                                                                | Co researcher         | Kementerian Pembangunan Wanita, Keluarga dan Masyarakat<br><b>RM40,000.00</b>   | 4 Bulan | Completed        |
| <b>32</b> | Gelandangan di Lembah Kelang (Homeless in Kelang Valley)                                                                                                                                                     | Co researcher         | Kementerian Pembangunan Wanita, Keluarga dan Masyarakat<br><b>RM 100,000.00</b> | 1 Tahun | Completed        |
| <b>33</b> | Persepsi Masyarakat Malaysia terhadap Penggunaan Perkataan Bangsa dalam Borang Rasmi Kerajaan dan Swasta (Perception of Malaysian Society on the Use of the Nation in Government and Private Official Forms) | Co researcher         | JPNIN<br><b>RM49,500.00</b>                                                     | 6 bulan | Completed        |
| <b>34</b> | ICT Maturity Model Among B40                                                                                                                                                                                 | <b>Project Leader</b> | MDeC<br><b>RM 160,000.00</b>                                                    | 6 Month | <b>Completed</b> |
| <b>35</b> | Aset Belia Malaysia (Malaysian Youth assets)                                                                                                                                                                 | <b>Project Leader</b> | IYRES-KBS<br><b>RM30,000.00</b>                                                 | 6 Month | <b>Completed</b> |
| <b>36</b> | Obesity and Youth Quality of Life and Wellbeing: A Comparative Study School Age, University and Young Working Youth in Klang Valley                                                                          | <b>Project Leader</b> | GP-IBT/2013/9408800<br><b>RM60,040</b>                                          | 2 years | <b>Completed</b> |
| <b>37</b> | Dasar Belia Selangor (Selangor's Youth Policy)                                                                                                                                                               | Co researcher         | Kerajaan Negeri Selangor<br><b>RM261,414</b>                                    | 9 Month | Completed        |
| <b>38</b> | Examining the role of youth-adult partnerships on positive youth outcomes in the context of youth development programs: A cross-national study                                                               | Co researcher         | 06-05-11-1582RU<br><b>RM75,000.00</b>                                           | 1 year  | Completed        |
| <b>39</b> | Developing Exploratory Model of Self-Regulatory Driving Practices Among Older Malaysian Drivers                                                                                                              | <b>Project Leader</b> | ERGS/2012/<br><b>RM60,000</b>                                                   | 2 years | <b>Completed</b> |
| <b>40</b> | Ergonomics, Musculoskeletal Disorders and Psychological Effects on Malaysian Construction Workers                                                                                                            | <b>Project Leader</b> | RUGS/2011<br><b>RM7000</b>                                                      | 2 years | <b>Completed</b> |



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| 41 | Indeks Pemikiran, Pengetahuan dan Orientasi Seksual Belia Remaja (Gen Y)                                                                                                                               | Co-researcher         | FRGS/2011<br><b>RM50,000</b>            | 2 years | Completed        |
| 42 | Dyadic Relationship, Family Environment and Child Rearing Issues in Commuter Families                                                                                                                  | Co-researcher         | ERGS/2011<br><b>RM30,000</b>            | 2 years | Completed        |
| 43 | Pembentukan Model Gaya Hidup Sihat Dalam Kalangan Survivor Kanser Payudara Wanita Bekerja (Forming a Healthy Lifestyle Model for Working Women's Breast Cancer Survivor)                               | Co-researcher         | sponsor/ 2010<br><b>RM184,7402</b>      | 2 years | Completed        |
| 44 | Dimensi Pendorong Perpaduan Masyarakat Malaysia (The Dimensions of Malaysian Unity Drivers)                                                                                                            | Co-researcher         | JPNIN/2010<br><b>RM50,000</b>           | 1       | Completed        |
| 45 | Kerelevanan Majlis Belia Malaysia Sebagai Pemangkin Gerakan Belia di Malaysia (The Relevance of the Malaysian Youth Council as the Catalyst of Youth Movement in Malaysia)                             | <b>Project Leader</b> | RUGS/2010<br><b>RM70,000</b>            | 2       | <b>Completed</b> |
| 46 | Fenomena Merempit dan Potensi Remaja Lasak di FELDA                                                                                                                                                    | Co-researcher         | KPTM/2009<br><b>RM178,000</b>           | 2       | Completed        |
| 47 | Persepsi dan Penerimaan Belia Minoriti Terhadap Parti Pemerintah (Perceptions and Acceptance of Minority Youth Against Government Parties)                                                             | Co-researcher         | sponsor/2009<br><b>RM80,000</b>         | 2       | Completed        |
| 48 | Workplace Safety and Health for Older Workers: Programs and Strategies Intervention                                                                                                                    | Co-researcher         | RUGS/2009<br><b>RM60,000</b>            | 2       | Completed        |
| 49 | Generasi Sandwich (Sandwich generation)                                                                                                                                                                | Co-researcher         | RUGS/2008<br><b>RM30,000</b>            | 2       | Completed        |
| 50 | Penilaian Pendidikan Keselamatan Jalan Raya di Sekolah Rendah di Malaysia (Road Safety Education Evaluation at Primary Schools in Malaysia)                                                            | Co-researcher         | MOT/JKJR/<br>2007<br><b>RM3,264,459</b> | 2       | Completed        |
| 51 | Penilaian Pendidikan Keselamatan Jalan Raya: Pengetahuan, Sikap dan Amalan Pelajar (Road Safety Education Assessment: Knowledge, Attitude and Practice of Students)                                    | Co-researcher         | MOT/JKJR/<br>2007<br><b>RM734,503</b>   | 2       | Completed        |
| 52 | Akulturasasi dan Konsumerisme Masyarakat Orang Asli di Semenanjung Malaysia Dalam Era Globalisasi (Acculturation and Consumerism of the Orang Asli in Peninsular Malaysia in the Era of Globalization) | Co-researcher         | MOSTI/2007<br><b>RM177,815</b>          | 2       | Completed        |
| 53 | Pengetahuan ICT dan Pembinaan Modal Insan Komuniti Belia Orang Asli Dalam Era Globalisasi (ICT Knowledge and Human Capital Development among Community of Orang Asli Youth In Globalization Era)       | Co-researcher         | RUGS/2007<br><b>RM45,000</b>            | 2       | Completed        |
| 54 | Pendayaupayaan Pekerja Sosial Dalam Praktis Kerja Sosial di Malaysia                                                                                                                                   | Co-researcher         | FRGS/2007<br><b>RM65,000</b>            | 2       | Completed        |

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|    | (Empowerment of Social Workers in Practical Social Work in Malaysia)                                                                                                                                      |                |                       |   |           |
| 55 | Persekitaran Kerja, Stress dan Kesannya Terhadap Corak Pengambilan Makanan di Kalangan Wanita Bekerja (Working Environment, Stress and Its Impact on Food Intake Patterns Among Working Women)            | Project Leader | FRGS/2007<br>RM65,000 | 2 | Completed |
| 56 | Pembentukan Model Sosio-Psikologikal dalam Memahami Gejala Mat Rempit di Lembah Kelang (Forming of Socio-Psychological Models in Understanding Mat Rempit' reckless driver' Symptoms in the Klang Valley) | Project Leader | FRGS/2007<br>RM60,000 | 2 | Completed |
| 57 | Tabiat Merokok di Kalangan Wanita Bekerja di Lembah Kelang (Smoking Habits in Working Women in the Klang Valley)                                                                                          | Project Leader | RUGS/2007<br>RM62,000 | 2 | Completed |

| STATUS        | TOTAL GRANT        | TOTAL PROJECT |
|---------------|--------------------|---------------|
| Leader        | 2,300.426          | 20            |
| Co researcher | 8,214.111          | 37            |
| <b>TOTAL</b>  | <b>10,317. 537</b> | <b>57</b>     |

| I. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan)<br>(List of publications – author (s), title, journal, volume, page and year published) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| Journal.                                                                                                                                                                                                 | <p><b>CITED JOURNALS</b></p> <ol style="list-style-type: none"> <li>Jing, B., Zaremohzzabieh, Z., <b>Abdullah, H.</b>, ... Rosnon, M.R., Ma'rof, A.A. (2025). Why communities withdraw: A multilevel analysis of participation barriers in climate governance and sustainable development in rural China. <u>Sustainable Futures Open source preview</u>, 10, 101501</li> <li>Ma'rof, A.A., <b>Abdullah, H.</b> (2015). Faith in the Digital Era: Transformations in Youth Spirituality and Belief Systems. <u>Youth Faith and Artificial Intelligence Open source preview</u>, 2025, pp. 227–258</li> <li>Ma'rof, A.A., <b>Abdullah, H.</b> (2025). Digital Faith Journeys: Exploring How Technology Shapes Youth Spirituality and Religious Engagement. <u>Youth Faith and Artificial Intelligence Open source preview</u>, 2025, pp. 197–226</li> <li>Arshad, M.M., Ismail, I.A., <b>Abdullah, H.</b>, Dahalan, D., Shaffril, H.A.M.(2025). The Role of AI in Fostering Youth-Adult Collaboration for Digital Literacy. <u>Youth Faith and Artificial Intelligence Open source preview</u>, 2025, pp. 307–328</li> <li>Al-Issa, R.S., Krauss, S., <b>Abdullah, H.</b>, Roslan, S., Oraibi, B.-A.M. Muslim afterlife reward and punishment beliefs and expectations profiles Indonesian Journal of Islam and Muslim Societies Open source preview, 2025, 15(1), pp. 27–55</li> <li>Zaremohzzabieh, Z., Bajwa, R.S., <b>Abdullah, H.</b>, Batool, H. (2025). The Dark Side of Medical Staff: How Dark Traits Lead to Work Burnout. <u>Media Kesehatan Masyarakat Indonesia Open source preview</u>, 2025, 21(1), pp. 88–100</li> </ol> |

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|  | <ol style="list-style-type: none"> <li>7. Huang, Z., Ismail, I.A., Ghazali, A.H.A., ... <b>Abdullah, H.</b>, Zhang, Z. (2025). The influence of psychological capital on employment expectations of vocational undergraduate students: The chain mediating role of active coping style and educational flow experience. <i>PLoS ONE</i>, 2025, 20(3 March), e0319742</li> <li>8. Muhamad Murtadlo , Hasan Albana , Yunita Faela Nisa , Nurul Qolbi Izazy , Neneng Tati Sumiati , Mulia Sari Dewi , <b>Haslinda Abdullah</b> , Chinhara Henry. (2025). Inclusive Education in Africa: Transforming Higher Education in Low-Income Countries. <i>Scientific African</i></li> <li>9. Zaremohzzabieh, Z., Ahrari, S., <b>Abdullah, H.</b>, Abdullah, R., Moosivand, M.(2025). Effects of educational technology intervention on creative thinking in educational settings: a meta-analysis <i>Interactive Technology and Smart Education</i>. Open source preview, 2025, 22(2), pp. 235–265</li> <li>10. Al-Issa, R.S., Krauss, S., Roslan, S., <b>Abdullah, H.</b>(2025).Afterlife beliefs and obligation to obey the law in high adherence contexts: exploring connections among Malaysian youth <i>Journal of Beliefs and Values</i>, 2025, 46(1), pp. 150–163</li> <li>11. Fei, W., Zaremohzzabieh, Z., <b>Abdullah, H.</b>(2025).The Impact of Non-pharmacologic Traditional Chinese Medicine on Health-Related Quality of Life and Symptom Management in Breast Cancer Patients: A Systematic Review and Meta-Analysis <i>Current Women's Health Reviews</i>. Open source preview, 2025, 21(6), e15734048341106</li> <li>12. Lili, L., <b>Abdullah, H.B.</b>, Zaremohzzabieh, Z.. (2025). Beauty Stigma: Young Chinese Women's 'Beauty Shame'. <i>Australian Feminist Studies</i>, 2025</li> <li>13. Chen, Y., Ma'rof, A.A., <b>Abdullah, H.</b>, Hamsan, H.H., Zaremohzzabieh, Z.(2025). Application of theory of planned behavior to evaluate factors that affecting marriage intention of Chinese unmarried women. <i>Current Psychology</i>, 2025, 44(3), pp. 1976–1989</li> <li>14. Md Nor, S.M., <b>Abdullah, H.</b>, Zaremohzzabieh, Z., Osman, S., Wan Jaafar, W.M.(2025). Predicting healthy lifestyle behavior among married people: integrating theory of planned behavior, health belief model, body image dissatisfaction and habit. <i>Health Education</i>, 2025, 125(2), pp. 202–215</li> <li>15. BinQiang, J., Ahrari, S., Zaremohzzabieh, Z., Zarean, M., <b>Abdullah, H.</b> (2024). Predicting Climate Change Mitigation Behavior in Chinese Families: Effects of Metacognitive Climate Knowledge and Biospheric Values. <i>Sustainability</i> (Switzerland), 2024, 16(24), 11269</li> <li>16. Zhang Z, <b>Abdullah H</b>, Ghazali AHA, D'Silva JL, Ismail IA, Huang Z (2024) The influence of health awareness on university students' healthy lifestyles: The chain mediating role of self-esteem and social support. <i>PLoS ONE</i> 19(10): e0311886. <a href="https://doi.org/10.1371/journal.pone.0311886">https://doi.org/10.1371/journal.pone.0311886</a></li> <li>17. Taufik, Kurniawan, R., Ibrahim, R., <b>Abdullah, H.</b>, Widhiastuti, H. (2024). Preserving Qur'an Through Blind Eyes: Self-Regulation of Blind People in Memorizing the Qur'an. <i>Journal of Disability and Religion</i>, 2024, 28(1), pp. 1–12</li> <li>18. Zaremohzzabieh, Z., Ahrari, S., <b>Abdullah, H.</b>, Abdullah, R., Moosivand, M. (2024). Effects of educational technology intervention on creative thinking in educational settings: a meta-analysis. <i>Interactive Technology and Smart Education</i>.</li> <li>19. Bin-Qiang, J., <b>Abdullah, H.</b>, Gill, S.S., ...Zaremohzzabieh, Z., He, Y.(2024). A thematic review on community governance from 2018 to 2023: Analysis of future research trends. <i>Journal of Infrastructure, Policy and Development</i>, 2024, 8(5), 3805</li> </ol> |
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|  | <p>20. Zaremohzzabieh, Z., <b>Abdullah, H.</b>, Ahrari, S., Abdullah, R., Md Nor, S.M. (2024). <i>Exploration of vulnerability factors of digital hoarding behavior among university students and the moderating role of maladaptive perfectionism</i> <b>Digital Health</b>, 10</p> <p>21. Ramli, S.A., Zaremohzzabieh, Z., Idris, K., Bolong, J., <b>Abdullah, H.</b> (2024). Psychometric validity, and measurement invariance of the PERMA model among youth in Malaysia <i>Cogent Psychology</i>, 2024, 11(1), 2316419</p> <p>22. Assessing the relationship between internet usage and technostress: A moderated mediation model. (2023). <b>Abdullah, H.B.</b>, Bajwa, R.S., Jaafar, W.M.W., Samah, A.A.</p> <p>23. <i>Nurture</i>, 2023, 17(1), pp. 1–9.</p> <p>24. Ma'rof, A.A., Zaremohzzabieh, Z., <b>Abdullah, H.</b> Imagined Intergroup Contact Promotes Prosocial Behavioral Intentions through Intergroup Anxiety in the United Kingdom and Malaysia. (2023). <i>Journal of Behavioral Science</i>, 2023, 18(3), pp. 1–16</p> <p>25. Safdar Bajwa, R., <b>Abdullah, H.</b>, Zaremohzzabieh, Z., Wan Jaafar, W.M., Abu Samah. (2023). Smartphone A.addiction and phubbing behavior among university students: A moderated mediation model by fear of missing out, social comparison, and loneliness. (2023). <i>Frontiers in Psychology</i>, 2023, 13, 1072551</p> <p>26. Bajwa, R.S., <b>Abdullah, H.B.</b>, Jaafar, W.M.W., Samah, A.K.A. (2022). Addicted to smartphones: Exploring the prevalence of smartphone usage patterns and addiction among undergraduates in South Punjab-Pakistan <b>Rawal Medical Journal</b>, 2022, 47(2), pp. 446–450</p> <p>27. Al-Issa, R.S., Krauss, S.E., Roslan, S., and <b>Abdullah, H.</b> (2022). Can I Pay at Purgatory? The Negative Impact of the Purgatory Ethic in Islamic Societies: Theoretical and Empirical Evidence. <b>Religions</b>, 2022, 13(2), 101</p> <p>28. Bajwa, R.S., <b>Abdullah, H.B.</b>, Jaafar, W.M.W., Samah, A.K.A. (2022). "Internet, its Problematic Use, Personality, and Technostress: A Moderated Mediation Model" <i>NURTURE Research Journal for Human Civilization</i> <a href="http://www.chek.edu.pk/indexnurture">www.chek.edu.pk/indexnurture</a> ISSN 1994-162</p> <p>29. Hamsan, H. H., Ma'rof, A. A., Sum, T. S., Khir, A. M., <b>Abdullah, H.</b>, Borhan, N. A. S., &amp; Sadiron, N. (2022). Causes and Symptoms of Early Drug Addiction: A Qualitative Study in Malaysia. <i>International Journal of Academic Research in Business and Social Sciences</i>, 12(8), 473 – 483.</p> <p>30. <b>Haslinda, A.</b>, Normaziah, Z., &amp; Aini Azeqa, M. (2021). Factors influencing perception of work-related upper limbs disorders (WRULDs) among Malaysian women assembly workers, <i>International Journal of Business and Social Sciences</i>, 11(15), 1540165</p> <p>31. Aini Azeqa, M., <b>Haslinda, A.</b> (2021). Social support and spiritual well-being role in anticipating suicidal ideation during Covid-19 pandemic among Malaysian university students, <i>Human Resource Management Academic Research Society (HRMARS)</i>, 1510-1523.</p> <p>32. Aini Azeqa, M., Hanina, H. H., <b>Haslinda, A.</b>, Mohd Shahrul, K. (2021). The effect of online pornography on pornogrpahy motivation, sexual arousal and gratification and its link to tendencies towards internetpornogrpahy-viewing disorder (IPD), <i>Human Resource Management Academic Research Society (HRMARS)</i>, 2047-2059.</p> <p>33. Aini Azeqa, M., <b>Haslinda, A.</b> (2021). A highlight on the importance of spiritual practice as a coping mechanism to combat mental illness among Malaysian teenagers. <i>Malaysian Journal of Youth Studies</i>, (22), 95-118.</p> |
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|---------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                       | <p>20. <b>H. Abdullah</b>, T.Cox &amp; A. Griffiths. (2004). Upper-limb disorders, Work Characteristics, and Stress in Malaysian Workers. Proceedings of 2004 European Academy of Occupational Health Psychology 6<sup>th</sup> Annual Conference. OPORTO, Portugal. November 23-26.</p> <p>21. <b>H. Abdullah</b>, T.Cox &amp; A. Griffiths. (2004). Work Characteristics, Stress and Upper-Limb Disorders in Malaysian Workers. Proceedings of 2004 Postgraduate Occupational Psychology Conference. City University. September 8, 2004.</p> <p>22. Sri Rahayu Ismail, <b>Haslinda Abdullah</b> &amp; Zaid Ahmad. (2001). "Dimensi Psikologi dalam hubungan Kaum di Malaysia". Proceeding of The Third International Malaysian Studies Conference, Malaysian social Science Association (PSSM), Universiti Kebangsaan Malaysia.</p> <p>23. <b>Haslinda Abdullah</b>. (2000). Post Modernism and Masculine Identity presented at National Seminar on Family, Community and Development: Challenge of Post Modernism Way of Thinking.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Laporan yang tidak diterbitkan</b> | <p>1. <b>Haslinda Abdullah</b>, Bahaman Abu Samah, Asnarulkhadi Abu Samah, Roslan Rosnon, Murni Wan Mohd Nor. (2016). Kajian Impak Program Pemulihan Banduan</p> <p>2. <b>Haslinda Abdullah</b>, Asnarulkhadi Abu Samah, Jeffrey Lawrence D'Silva and Hayrol Azril Mohamad Shaffril (2015). Study of National Key Social Outcomes and Development of National Key Social Outcomes (NKSO) Framework. Agensi Inovasi Malaysia (AIM). . Laporan Kajian (Tidak diterbitkan)</p> <p>3. Zaid Ahmad, Zainal Madon, <b>Haslinda Abdullah</b> &amp; Nobaya Ahmad. 2015. Golongan Gelandangan di Lembah Kelang. AIM. Laporan Kajian (Tidak diterbitkan)</p> <p>4. Haslinda Abdullah, Asnarulkhadi Abu Samah., Jeffery Lawrence, D'Silva., and Harol Azril, S., (2015). Landscape of Social Issues in Malaysia. Laporan Tidak Diterbitkan.</p> <p>5. Ismi Arif, I., <b>Haslinda, A.</b>, Krauss, S.E., Dzu hailmi, D. &amp; Safuan, N. 2014. Kajian Penilaian Program Bantuan Khidmat Sosial, Kementerian Pembangunan Wanita, Keluarga dan Masyarakat. Laporan Konsultansi (Tidak diterbitkan).</p> <p>6. Bahaman <i>et al.</i>, 2013. Status Pembangunan Belia Selangor. <i>Laporan Interim</i>. (Tidak diterbitkan )</p> <p>7. Bahaman, <i>et al.</i>, 2013. Maklumbalas dan cadangan pihak berkepentingan. <i>Laporan Separuh Penggal</i> (Tidak diterbitkan).</p> <p>8. Bahaman, <i>et al.</i>, 2014. Buku Dasar Belia Selangor. Kerajaan Negeri Selangor</p> <p>9. Bahaman, <i>et al.</i>, 2014. Laporan Fasa Akhir Kajian Pembentukan Dasar Belia</p> <p>10. <b>Haslinda, A.</b>, Azimi, H., Krauss, S.E., Dzu hailmi, D. &amp; Abdul Hadi, S. 2014. Aset Belia Malaysia. Laporan Kajian (Tidak diterbitkan)</p> |

| Programme | Status    | Main Supervisor | Co-Supervisor | Internal Examiner | External Examiner | Chairman Viva |
|-----------|-----------|-----------------|---------------|-------------------|-------------------|---------------|
| PhD       | Graduated | 8               | 16            | 25                | 4                 | 11            |
|           | Ongoing   | 12              | 4             | 1                 | -                 | 1             |
| Masters   | Graduated | 10              | 6             | 18                | 3                 | 9             |
|           | Ongoing   | 2               | 0             | 1                 | 1                 | 1             |



| Subjects                      | Level     |
|-------------------------------|-----------|
| Theories in Social Psychology | Post grad |
| Group Psychology              | Post grad |
| Community Psychology          | Post grad |
| Introduction to Psychology    | Degree    |
| Social Psychology             | Degree    |
| Psychology of Work            | Diploma   |